

2020 HQ MinGen Health and Wellness Program

1st Semester BLOOD LETTING ACTIVITY with 26 Blood Donors
equivalent to 11,700cc of whole blood last February 7, 2020



**2nd Semester BLOOD LETTING ACTIVITY with 28 Blood Donors
equivalent to 12,600cc of whole blood last August 7, 2020**



NPC Anniversary Blood Letting Activity with 32 Blood Donors equivalent to 14,400cc of whole blood last November 13, 2020



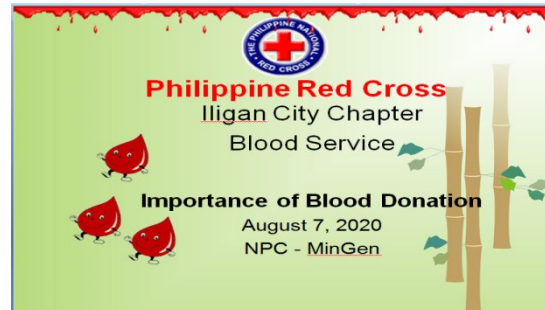
HEALTH LECTURE on Cholesterolemia and insights of Covid 19
last January 14, 2020 at MinGen Canteen



HEALTH LECTURE on COVID 19
last February 10, 2020 at MinGen 2nd Floor Lobby
with Speakers Dr. Andrew Marcella and
Dr, Cherlina Cañaverl, Department Head, City Health Office, Iligan City



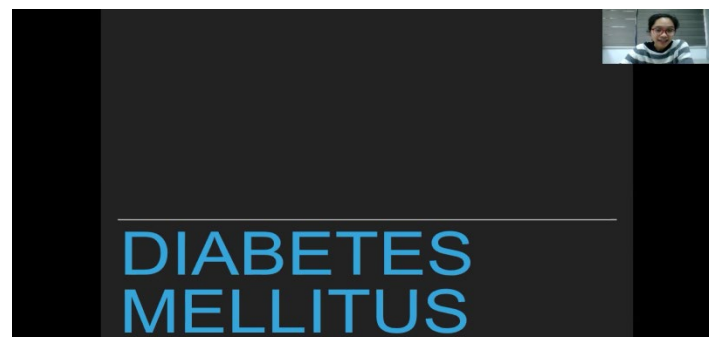
WEBINAR HEALTH LECTURE on THE IMPORTANCE OF BLOOD DONATION
last August 7, 2020



WEBINAR HEALTH LECTURE on OBESITY & COVID 19: TWO SIDES OF THE SAME COIN
last September 25, 2020 with Speaker Dr. Stacey Yin M. Ting



NPC ANNIVERSARY WEBINAR HEALTH LECTURE on DIABETES MELLITUS
last November 6, 2020 with Speaker Dr. Wanda Andriene D. Aguja



2020 ANNUAL PHYSICAL EXAMINATION
last Sept. 1, 2, 7, 8, 9 &14, 2020 with Mayo Diagnostic Center

2020 RANDOM DRUG TESTING
last Nov. 16, 17 & Dec. 23, 2020 with SMA Laboratory, Drugtest & Diagnostic Center



DAILY HEALTH CHECK
upon entrance to NPC premises



BUILDING DISINFECTION
OCT. 12, 2020
CMTSD & Central Warehouse





ATTENDANCE SHEET

Venue: Agus 1 & 2 HEPC Conference Room Date: February 10, 2020

Time: 8:00AM Activity: _____

Project: _____

Activity: **2019 Novel Corona Virus Acute Respiratory Disorder Orientation**

NAME	DESIGNATION / WORK CENTER	SIGNATURE
ROQUHA R. LANGCO	Senior Nurse	<i>[Signature]</i>
BAINTAN P. PUNDRON	Secretary I)	<i>[Signature]</i>
DARL L. NATANSON	PE-B	<i>[Signature]</i>
AMBOSI T. NAIK	MAINT. FOREMAN/AGUS 1/2 HAP	<i>[Signature]</i>
ISA M. GUIMBA	Acty Opn Manager / AG 1	<i>[Signature]</i>
SC MACAGANAN	Plant Supt. / Ag 2	<i>[Signature]</i>
YANSON DALUCOGA	HS / Agus 1/2	<i>[Signature]</i>
N. M. MACAUMBANG	AGUS 122 (SR. SEC. QCR)	<i>[Signature]</i>
RAHMAN U. ISRA	Gr. Accountant	<i>[Signature]</i>
MAGLAIL P. BAXIL	PE B	<i>[Signature]</i>
YASMIN MYRAH LUOMAN	SFS-B	<i>[Signature]</i>
R.D BASILAN	Section Chief / Agus 1&2	<i>[Signature]</i>
M.P TANUA	mms-P / Agus 1&2	<i>[Signature]</i>
R.D. CAMPORE	AGUS 1 HED	<i>[Signature]</i>
G.A. H. SOTHAN	Prop. Office A / AG 1	<i>[Signature]</i>

Prepared by: *[Signature]*
 Secretariat

Noted by: *[Signature]*
 Plant Mgr./Presiding Officer

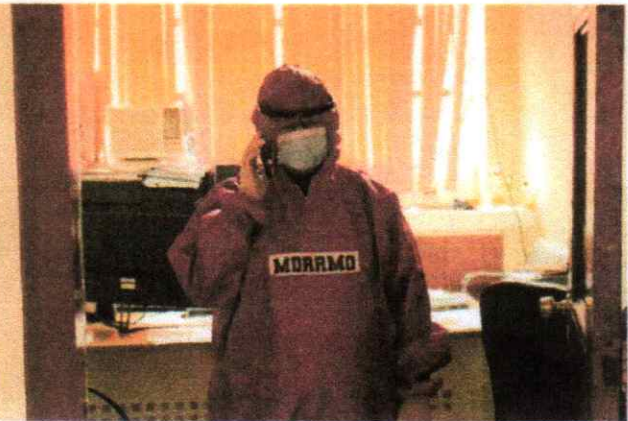


MEDICINES AND MEDICAL SUPPLIES DURING COVID19 PANDEMIC

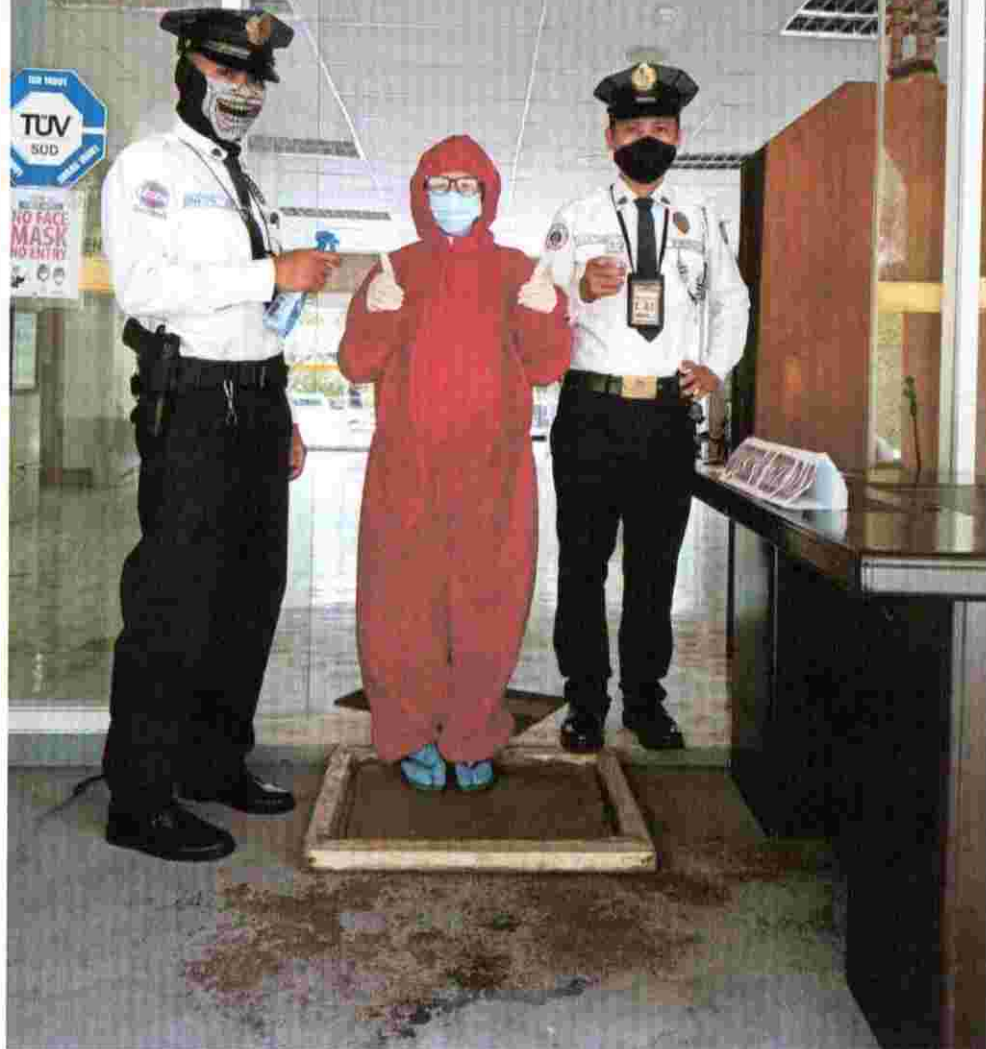




Quarantine Facility (Temporary)



AGUS 2 HPP ENTRANCE



AGUS 2 HPP

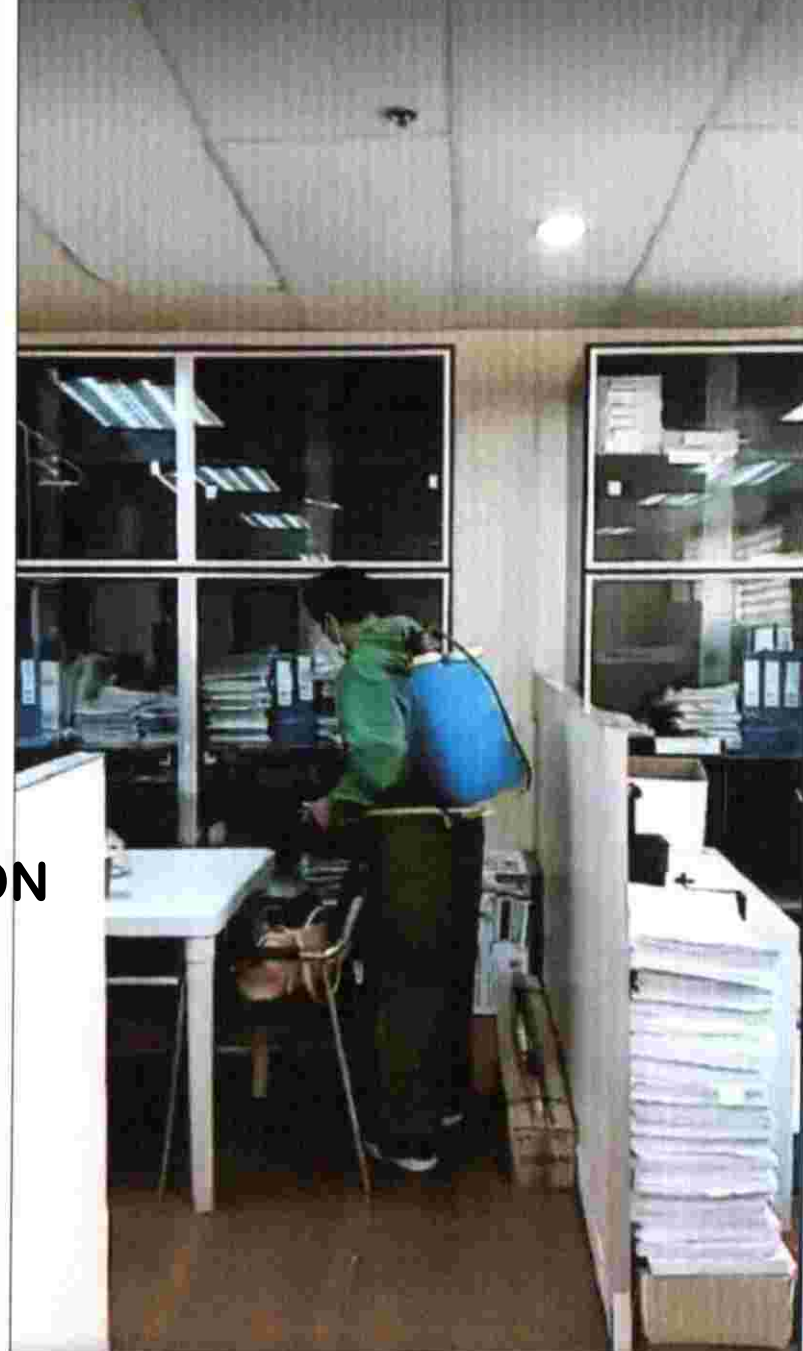


AGUS 1 HPP ENTRANCE





DISINFECTION



AGUS 4&5 HP

HEALTH AND

WELLNESS

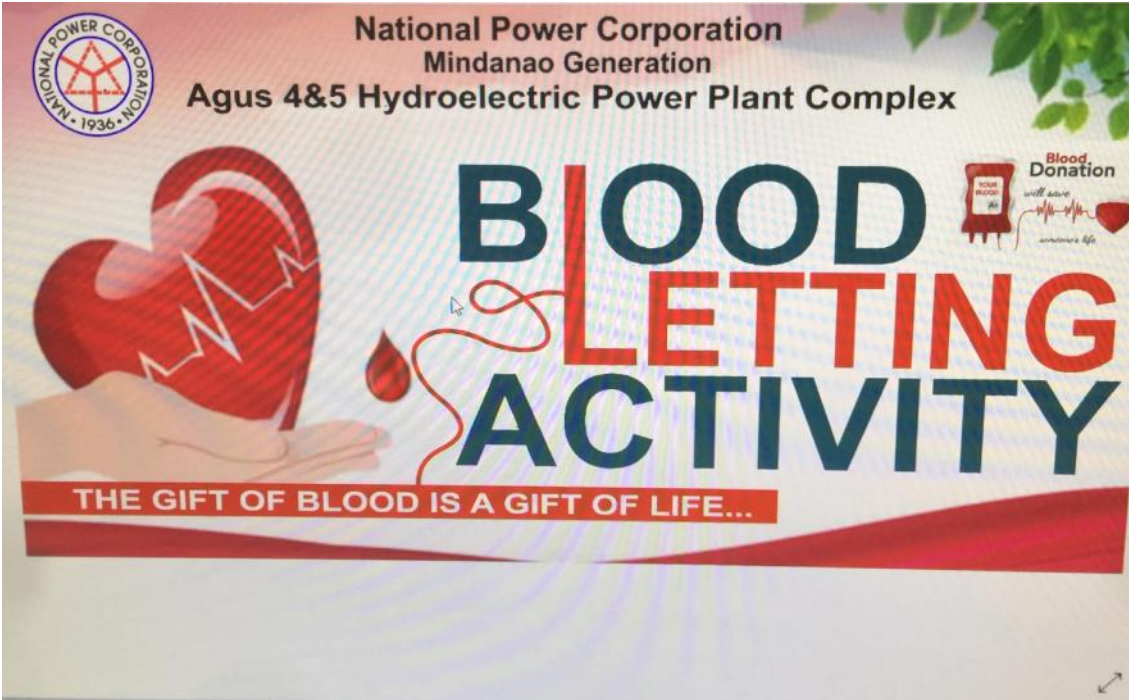
PROGRAM

CY 2020

FLU
VACCINATION
ON EMPLOYEES



BLOOD LETTING



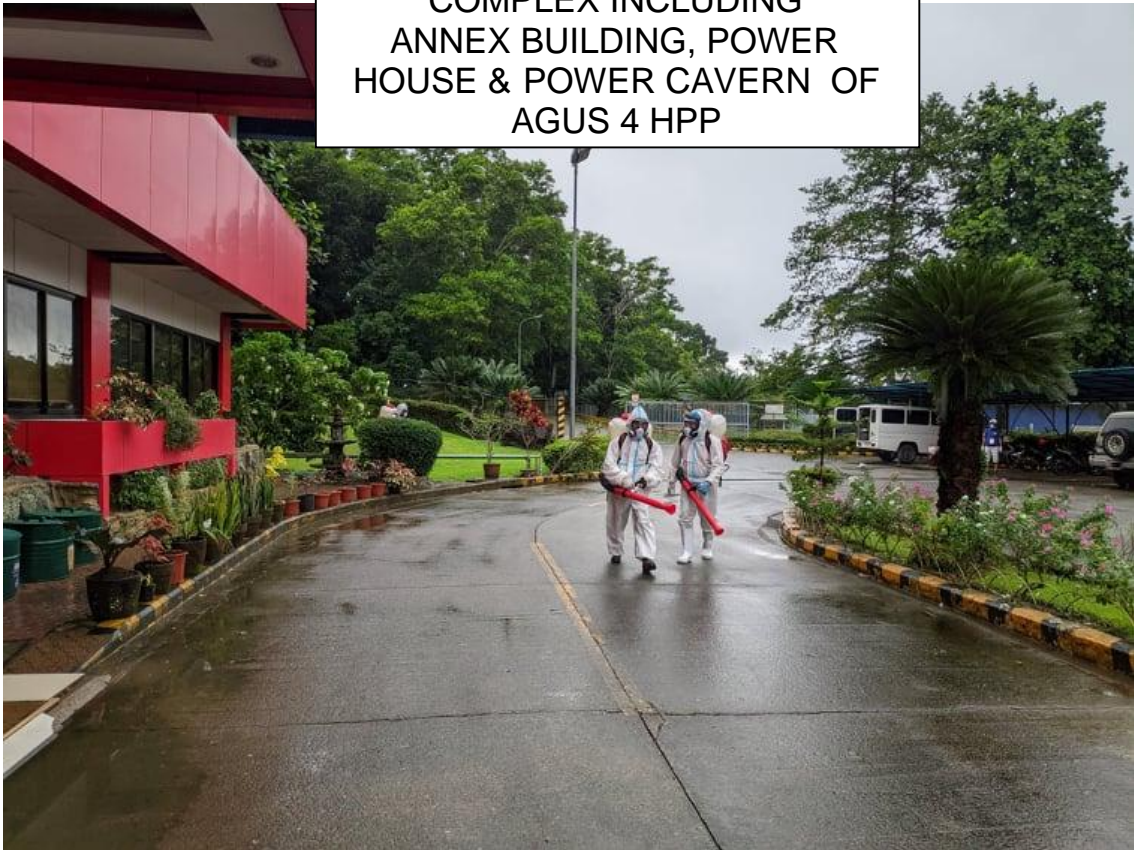


DISINFECTATION OF PLANT
COMPLEX INCLUDING
MULTI-PURPOSE HALL & NEW
OFFICE BUILDING OF AGUS 5
HPP



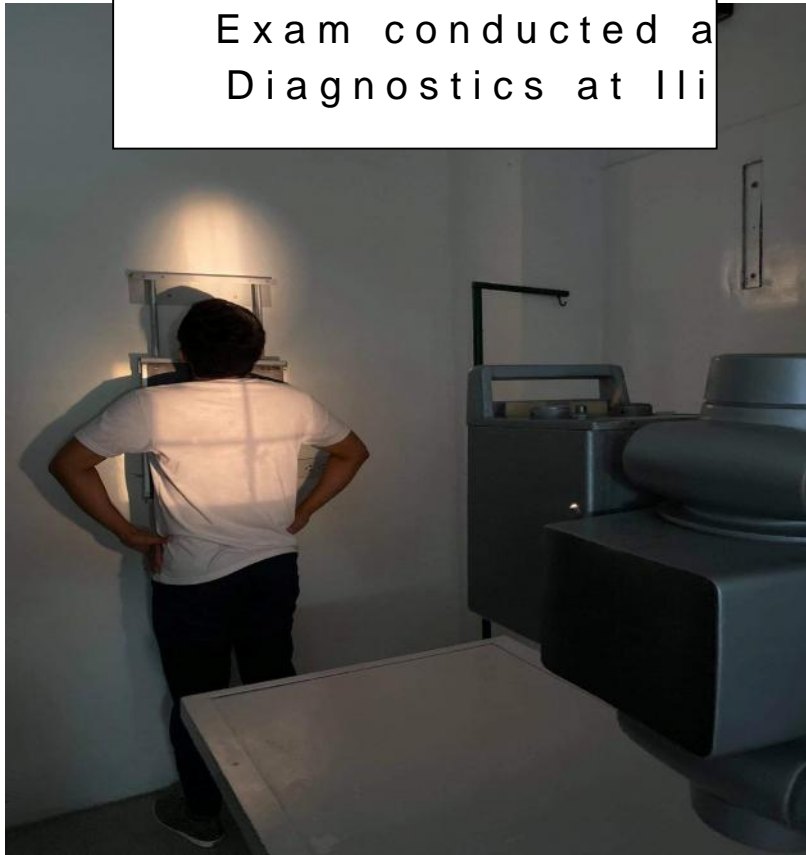


DISINFECTION OF PLANT
COMPLEX INCLUDING
ANNEX BUILDING, POWER
HOUSE & POWER CAVERN OF
AGUS 4 HPP





Agus 5 & HPPC Annual
Examination and Au
Exam conducted at
Diagnostics at Ili



2020
AGUS 6 & 7 HPPC
HEALTH AND
WELLNESS

Health & Wellness Activities CY2020

Medical Services - Agus 6&7 HPPC

Type of Activity	Date Conducted	Venue	Accomplishment	Sponsors / Conducted
Sharing of Health related topics / issues	January- March 2020	Agus 7 HPP	during Flag Ceremony	Sr. Nurse
Health Lecture – Covid-19	February 2020	Agus 6&7 HPPC Multipurpose Hall	All employees including Janitors & Security Guards	Dr. Stacy Lim Ting
Evaluation of 2019 Annual Physical Examination	January 31, 2020	Agus 6&7 HPPC Conference Room	Agus 6&7 HPPC employees	Dr. Stacy Lim Ting
Health Checklist Screening	Everyday starting May 2020		All employees	Sr. Nurse
Blood Chemistry Examination	As per request	Agus 7 HPP Clinic	35 employees	Sr. Nurse
Purchase & Distribution of Vitamin C, Multivitamins, Alcohol & Medical Mask	April 2020; November 2020	Agus 6 & 7 HPPC	All Employees including COS & JO & IH	Sr. Nurse
Purchase Covid-19 medical and sanitation supplies	April 2020	Agus 6 & 7 HPPC		Sr. Nurse & Procurement
Distribution of Medicines & Medical Supplies	October 27, 2020	Maria Cristina, Ditucalan & Buru-un, Barangay Health Centers,		Agus 6/7 HPPC
Flu Vaccination	September 2020	Agus 6&7 Multipurpose Hall	76 employees availed	MinGen Medical Services (Dr. AM Soubiron)
Annual Physical Examination	December 10&11, 2020	Agus 7 HPP Clinic & Multipurpose Hall	94% employees	Conducted by Healthcheck Clinic & Diagnostic Center
Drug Testing	December 10&11, 2020	Agus 7 HPP Clinic & Multipurpose Hall	93% employees availed	Conducted by Healthcheck Clinic & Diagnostic Center

**SEMINAR HEALTH ADVISORY
REGARDING THE CORONA VIRUS DISEASE (CoVid)**
(February 7, 2020)



FLU VACCINATION (September 2020)



NATIONAL POWER CORPORATION PULANGI IV-HEP
HEALTH AND WELLNESS PROGRAM CY 2020

Blood Letting Activity (July 10, 2020)



**HEALTH AND SANITATION LECTURE
SEPTEMBER 7-9, 2020**



**Seminar on HIV/AIDS, Pulmonary Tuberculosis, Hepatitis B,
Drug-Free Workplace and Stress Management
SEPTEMBER 23-24, 2020**



SIGLAKAS EXCERCISE

