

HEALTH & WELLNESS PROGRAM

for a productive workforce



NPC's Physical Fitness, Sports & Recreation (PFSR) activities are geared towards adoption of active and healthy lifestyle, and balanced well-being for NPC employees, as well as improvement of teamwork among the NPC workforce.

CY 2021
ANNUAL PHYSICAL
EXAMINATION

(Conducted by: Asia Pacific Diagnostics, Inc.)

Date Conducted	September 27 to October 1, 2021
No. of Employees/ Availees	426
Total Amount as per Contract	Php1,281,465.00

2021

Annual Physical Examination

(APE)

LABORATORY PACKAGE INCLUSION:

- **Urinalysis**
- **Complete Blood Count (CBC)**
- **Lipid Profile**
- **Creatinine**
- **Blood Uric Acid**
- **Fasting Blood Sugar (FBS)**
- **HBA1C**
- **Blood Urea Nitrogen (BUN)**
- **SGPT**
- **SGOT**
- **Chest X-Ray**
- **ECG**
- **Whole Abdomen Ultrasound**
- **Papsmear Examination**
- **Prostate Specific Antigen**
- **Breast Ultrasound**

NPC Vaccination Drive

CY2021 COVID-RELATED INITIATIVES

(Conducted by: NPC and Quezon City LGU)

NPC – HEAD OFFICE

Vaccination Date	Brand	No. of Employees/ Avalees
First Dose		
June 7	AstraZeneca	435
August 4	Sinovac	217
Second Dose		
August 27	AstraZeneca	435
September 1	Sinovac	217

CY2021 PNEUMOCOCCAL CONJUGATE VACCINE (PCV-13)

Functional Group	61 Yrs Old	60 Yrs Old	59 Yrs Old
Watershed	17	-	-
CAG	-	-	4
Legal Counsel	1	-	1
Admin & Finance	3	1	5
PES	3	4	4
SPUG (MRMD)	4	21	1
SPUG-Luzon	-		-
Head Office	-	5	1
Field	10	35	-
TOTAL	38	70	16

Gallery

















